

## **PREPARATION UPDATE - April 10, 2009**

We have spent many teachings trying to warn the people of this world, both Christian and non-Christian about what is happening in this world and how to prepare both spiritually and physically. Many do not believe in physical preparation, but we see in Scripture the examples of Noah, Joseph, the ten virgins with lamp oil, and the Good and faithful servant just to name a few. Scripture references are provided at the end of this writing.

God is ultimately in charge of your spiritual and physical survival and eternal destiny. Many do not accept either method of preparation. We have decided to provide some web sites and contact information where we have gotten some valuable information. We do not endorse these contacts or claim they are the only places to get information. We do not get any financial reimbursement for recommending these contacts.

We face the threat and are experiencing things foretold in Scripture in various degrees. We do not have all the answers, but there are others who have done their homework. Whether it be earthquakes, famine, nuclear disasters, we need to be prepared both spiritually and physically. We consistently point everyone to Jesus who has all the answers, but we offer this practical information because we love you.

### **Books**

The most important book to have on hand would be the Holy Bible for your spiritual preparation. One should be included with your other items. Another Biblical reference book that would help would be the Strong's Concordance. There are many other physical survival handbooks available for outdoors or indoor survival. I have several included with our preparation supplies. Some teach how to use herbs for herbs for healing. Here is a book that offers many check lists and would be a valuable asset to you in your preparation. The author has made over 200 medical mission trips. He has been in many different kinds of disaster situations.

“When All Plans Fail”  
Be Ready for Disasters  
by Paul R. Williams, M.D.  
Mountain View Publishing LLC  
P. O. Box 1315  
Psgah Forest, North Carolina 28768  
[www.whenallplansfail.com](http://www.whenallplansfail.com)

### **Potassium Iodate**

From my Internet research I found out that you can use Potassium Iodine, but it causes cancer in lab rats. Finding an outlet for Potassium Iodate is much more limited.

[www.Kio3.com/index.htm](http://www.Kio3.com/index.htm)

1-740-783-8009  
Medical Corps  
35286 Boone Hollow Rd.

Lowell, Ohio 45744

[http://www.y2knorth.com/pot\\_iodate.html](http://www.y2knorth.com/pot_iodate.html)

Information about Potassium Iodate

This site has information about fall out shelters and much more, but sells only Potassium Iodine.

[www.ki4u.com](http://www.ki4u.com)

1-830-672-8734

KI4U, Inc.

212 Oil Patch Lane

Gonzales, Texas 78629

**Emergency Food and Preparation - Freeze Dried and Dehydrated Foods - Super Greens  
and Protein Powders**

These sites offer a variety of items.

[www.campingsurvival.com](http://www.campingsurvival.com)

Toll Free: (800) 537-1339 Ext 222 or 223

Local: (315) 592-4794 Ext 222 or 223

Fax: 315-592-4796

JHL Supply

28 W First St South • Fulton, NY 13069

[www.BePrepared.com](http://www.BePrepared.com)

Emergency Essentials

653 N. 1500 West

Orem, UT 84057

1800-999-1863 (ask for Catalog)

[www.vitacost.com](http://www.vitacost.com)

Vitacost.com

130 Lexington Parkway

Lexington, NC 27295

1-800-381-0759

[www.swansonvitamins.com](http://www.swansonvitamins.com)

Swanson Health Products  
P.O. Box 6003  
Fargo, ND 58108-6003  
1-800-437-4148  
1-800-254-1885 Español  
1-800-726-7691 fax

This ministry is one of the few that teaches preparation for the end-times. It offers many things like freeze dried foods and preparation tools. He is a 501 ©) 3 ministry. A portion of your donation will go to help to keep the ministry on the TV and the Internet. This is a decision you will have to make after you pray and see what it has to offer.

[www.JimBakkerShow.com](http://www.JimBakkerShow.com)

1-800988-1588  
Office 1-417-779-9000  
Morningside Church, Inc.  
Jim Bakker  
P. O. Box 7330  
Branson, MO 65615-7330

Army Surplus and Survival and Camping Stores

### **Extra Supplies**

There a few more items we have added to our supplies that may not be on any of these lists.

- Wind up radios not needing batteries and shaker flashlights not needing batteries
- Water purification method that does not use electricity as this will be one of the first things to go
- Cheesecloth for straining the big clumps out of water before purifying
- Unscented Baby Wipes for washing your body, dishes, or in place of toilet paper. They take up less space and are already wet. Even if they dry out, they can be reactivated by just adding water.
- Silicone potholders or gloves or welding gloves for use by hot campfires
- Baby shampoo is good for washing body and hair because it rinses easily and is alkaline
- Bug and water proof storage containers

- Super Sealer is also a welcome item
- Hand grinders and choppers to grind fresh meat or grains
- Basic Seasonings and spices as you won't be able to run to the store for these
- Lots of Salt to be used to preserve fresh meat, healing, bartering, and preservation of dead bodies
- Trash Bags & zip lock bags all sizes used for potty, garbage, bodies
- Magic markers waterproof to mark zip bags, containers, and bodies (dead or alive) with name and soc sec no., a path for others to follow on trees or rocks
- Board games for children and adults, coloring books including crayons, pens, pencils, paper, both lined and unlined
- Home-made fire starters and water proof matches - 6" strips of newspapers rolled fairly tight, tied with string dipped in paraffin and old fashioned matches dipped in paraffin (stored in old prescription bottles with striking strip torn off box and stored inside.
- Prescription meds, Tylenol, Ibuprofen, allergy - can be transferred to small labeled zip bags to take up less room.
- OTC meds for burns, infections, bleeding, (septic pencil, sanitary napkins are great for padding wounds) heartburn, diarrhea, constipation, and allergies
- Kitty Litter for use in potty bucket or area - pot bucket can be a bucket formerly used for your freeze dired pouches of food
- Nylon Rope and other kinds of twine
- Mosquito netting
- Sterno stoves and sterno fuel cans - there are also heat burning cans as well
- Duct Tape (never enough of this)
- Plastic sheeting
- A few women's nylon hose - Put a bar of soap in a nylon hose. Tie it to the handle of an empty milk jug filled with water. With another string, tie a small twig on a string to the handle. Poke a hole in the bottom front edge of the jug and stick the twig in it. With another piece of rope tie onto handle and hang in tree for sun to heat. Great way to have hand washing station. Pull out twig to let water flow. Adjust with loosening or tightening lid.
- Tip: Campfire ashes can be used to scrub the bottom of pots used on campfire.

The list can go on and on. Just pray for God to remind you of what you may need.

## Scriptures

2 Timothy 3:1-7

- (1) This know also, that in the last days perilous times shall come.
- (2) For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy,
- (3) Without natural affection, trucebreakers, false accusers, incontinent, fierce, despisers of those that are good,
- (4) Traitors, heady, highminded, lovers of pleasures more than lovers of God;
- (5) Having a form of godliness, but denying the power thereof: from such turn away.
- (6) For of this sort are they which creep into houses, and lead captive silly women laden with sins, led away with divers lusts,
- (7) Ever learning, and never able to come to the knowledge of the truth.

**Jesus said in Matthew 24:7-14**

- (7) For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places.
- (8) All these *are* the beginning of sorrows.
- (9) Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake.
- (10) And then shall many be offended, and shall betray one another, and shall hate one another.
- (11) And many false prophets shall rise, and shall deceive many.
- (12) And because iniquity shall abound, the love of many shall wax cold.
- (13) But he that shall endure unto the end, the same shall be saved.
- (14) And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come.

Genesis 41:25

- (25) And Joseph said unto Pharaoh, The dream of Pharaoh *is* one: God hath shewed Pharaoh what he *is* about to do.

Genesis 41:39-40

- (39) And Pharaoh said unto Joseph, Forasmuch as God hath shewed thee all this, *there is* none so discreet and wise as thou *art*:

(40) Thou shalt be over my house, and according unto thy word shall all my people be ruled: only in the throne will I be greater than thou.

**Jesus said in Matthew 25:1-5**

(1) Then shall the kingdom of heaven be likened unto ten virgins, which took their lamps, and went forth to meet the bridegroom.

(2) And five of them were wise, and five *were* foolish.

(3) They that *were* foolish took their lamps, and took no oil with them:

(4) But the wise took oil in their vessels with their lamps.

(5) While the bridegroom tarried, they all slumbered and slept.

**Jesus said in Matthew 24:37-39**

(37) But as the days of Noe *were*, so shall also the coming of the Son of man be.

(38) For as in the days that were before the flood they were eating and drinking, marrying and giving in marriage, until the day that Noe entered into the ark,

(39) And knew not until the flood came, and took them all away; so shall also the coming of the Son of man be.

**Genesis 6:12-14**

(12) And God looked upon the earth, and, behold, it was corrupt; for all flesh had corrupted his way upon the earth.

(13) And God said unto Noah, The end of all flesh is come before me; for the earth is filled with violence through them; and, behold, I will destroy them with the earth.

(14) Make thee an ark of gopher wood; rooms shalt thou make in the ark, and shalt pitch it within and without with pitch.

**Jesus said in Matthew 24:42-47**

(42) Watch therefore: for ye know not what hour your Lord doth come.

(43) But know this, that if the goodman of the house had known in what watch the thief would come, he would have watched, and would not have suffered his house to be broken up.

(44) Therefore be ye also ready: for in such an hour as ye think not the Son of man cometh.

(45) Who then is a faithful and wise servant, whom his lord hath made ruler over his household, to give them meat in due season?

(46) Blessed *is* that servant, whom his lord when he cometh shall find so doing.

(47) Verily I say unto you, That he shall make him ruler over all his goods.

Proverbs 27:12

(12) A prudent *man* foreseeth the evil, *and* hideth himself; *but* the simple pass on, *and* are punished.

### **The Lord's Supper**

We have done a lot of teaching and prophesying about the False Communion. This does not mean that we should not continue to practice the true sacrament of the Lord's Supper or Communion in our own homes or fellowship groups. The following are suggestions for doing that. We need to remember the purpose of the Passover meal and the importance of trusting Jesus for everything we need in our lives as we realize the perilous times we are living in. When I prepare the sacrament I pray over myself for forgiveness, cleansing, anointing, and for the Lord to prepare the hearts of those who will be receiving it. We usually ask everyone to examine their own hearts before partaking, read the passage pertaining, and sing some praise music before, after, or both. After the sacrament is also a good time to anoint with oil and pray for individual healing. (Recipe found on the Internet)

#### Unleavened Communion Bread Recipe

1/8 C. Honey

1/8 C. Olive Oil

1/2 C. Water

1/4 t. Salt (sea)

Heat in sauce pan and mix well until it almost burns.

Add to that mix 1/2 C. Whole Wheat Flour and mix well.

Let Cool

Turn out onto floured board and knead until dough looks glazed.

Bake 20-30 minutes at 325 -350 degrees

This can be frozen and thawed when used later.

#### Communion Wine - Fruit of the Vine

There has always been much controversy about this, so we leave it to personal choice and prayer. If you choose to use real wine, it should be 1 part red wine mixed with 2 parts water as was the custom of the early church fathers. Or, you may use grape juice full strength. The point is to Remember Jesus.

Luke 22:19-20

(19) And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me.

(20) Likewise also the cup after supper, saying, This cup is the new testament in my blood, which is shed for you.